



Of Interest to Seniors

Living a Healthy Life with Chronic Pain

Presented in partnership with Central East Local Integration Network and Canadian Mental Health Association Durham.
Legends Centre Branch, Fri., March 2 - April 13, 1-3:30 PM

Fraud Awareness and Prevention

With Detective Constable Martin Franssen of Durham Regional Police Services.
McLaughlin Branch, Auditorium, Wed, March 21, 6-7:30 PM

Genealogy Support Group

A monthly to discussion about genealogy research and the Library resources available to you.

McLaughlin Branch, Local History Room
Friday, March 16, 2-4 PM
Friday, April 20, 2- 4 PM

Turn over for more programs!
Register online at events.oshawalibrary.on.ca
or call 905-579-6111

Conversation Café: Book Edition

Discuss favourite books and meet new people in this speed-meeting-for-book-lovers event.

McLaughlin Branch, Auditorium, Sun., March 25, 2:30-4 PM

Poetry matters!

Featuring Stella and Graham Ducker, members of the League of Canadian Poets. Celebrate poetry by sharing a poem or listening to others.

Legends Centre Branch, Wed., April 11, 6:30-7:30 PM

Wish of a Lifetime

Learn about "Wish of a Lifetime", a nationwide program that helps wishes come true for seniors.

Northview Branch, Thu., April 12, 2-3 PM

Get Appy: Grocery Shopping and Meal Planning

Bring your fully charged device and your App Store or Google Play login information.

Jess Hann Branch, Mon., March 19, 2:30-3:30 PM

